

FIRST JUDICIAL DISTRICT OF IOWA RECOGNIZED PROGRAMS FOR MEETING CO-PARENTING & CHILDREN IN THE MIDDLE REQUIREMENTS

Updated August 2025

Hawkeye Community College

Children in the Middle
Cedar Falls Center
P.O. Box 8015
Waterloo, IA 50704-8015
319-277-2490
**In person course*

Family Development Associates

www.family-development.org
800-261-5097
admin@family-development.org
**Online course only*

The Center for Divorce Education

Children in the Middle Class
92 Van Ness Avenue
Ashland, OR 97520
staff@divorce-education.com
877-874-1365
Standard Version: <https://online.divorce-education.com/>
High Conflict Version: <https://www.highconflictsolutions.com/>
**Online course available in English & Spanish*

Online Parenting Programs

<https://iowa.onlineparentingprograms.com/>
**Online course available in English & Spanish*

Co-Parenting for Resilience

<https://www.extension.iastate.edu/humansciences/coparenting>
**In person or online course*

Parenting Solutions

Cedar Falls, IA 50613
www.parenting-solutions.org
877-665-2120
**Online course only*

End the Tug, Inc.

Sioux City, IA 51106
CITM@EndtheTug.org
712-899-7567
**Online course only*

Children 1st

Sioux City, IA 51106
<https://www.children1st.net>
Children1st.ia@gmail.com
712-406-0233
**Online course only*

First Judicial District of Iowa

*Allamakee, Black Hawk, Buchanan, Chickasaw, Clayton, Delaware, Dubuque, Fayette, Grundy,
Howard & Winneshiek Counties*