THE IOWA FIFTH JUDICIAL DISTRICT RECOGNIZED PROGRAMS FOR
MEETING CO-PARENTING AND CHILDREN IN THE MIDDLE REQUIREMENTS
UPDATED October 2021
(Adair, Adams, Clarke, Dallas, Decatur, Guthrie, Jasper, Lucas, Madison, Marion
Polk, Ringgold, Taylor, Union, Warren & Wayne Counties)

* Classes in District 5 also approved for District 2.

**MercyOne- West Des Moines Medical Center**
1755 59th Place
West Des Moines, IA 50266
Cowini Conference Center (Lower Level 1)
Registration:
https://link.edgepilot.com/s/689be0a5/Kic4KfYbTEODiaY943yTOA?u=https://www.mercyone.org/health-and-wellness/classes-events/
childreninthemiddle@catholichealth.net
*Live Webinar Course available

**Southwestern Community College**
Children in the Middle
1501 W. Townline Road
Creston, IA 50801
(641) 782-1441
(Creston, Red Oak, Osceola)
adowning@swcsciowa.edu
www.swcsciowa.edu/training/adult-and-continuing-education
*Online Course available

**Des Moines Area Community College (DMACC)**
Children in the Middle
(515) 964-6800
2006 South Ankeny Blvd.
Ankeny, IA 50023
Jill Whitson, Coordinator
(515) 256-4911
(515) 256-4907
jawhitson@dmacc.edu
cce.dmaccctrraining.com
*Online Course available

**Ed Rhupert Journey Counseling and Consultation**
Children in the Middle
118 Hayward, Ste. 6
Ames, IA 50014
(515) 292-9697
(515) 232-7950
www.counselingames.com

**Center for Interpersonal Effectiveness**
Children in the Middle
2525 N. Ankeny Blvd., Ste. 113
Ankeny, IA 50023
Jim Thorpe
(515) 289-9136
www.cie-ankeny.com/resources
(Altoona, Newton, Ankeny, Johnston)
childreninthemiddle@cie-ankeny.com
*Online Webinar Course available

**Parenting Solutions LLC**
Children in the Middle
165 Adventureland Dr. NW (Holiday Inn Express)
Altoona, IA 50009
(877) 665-2120
www.parenting-solutions.org
*Online Parenting Solutions.org available

**Family Development Associates**
Register online
www.family-development.org
admin@family-development.org
*Online Course Available

**Angela Reed**
Katelyn Backlin
Children in the Middle
509 N. Jefferson Way (Wells Fargo) Indianola, IA 50125
IndianolaCIB@outlook.com
*Online Webinar Course available

**Boone and Story County CARES, Inc.**
Children in the Middle
900 W. Mamie Eisenhower
Boone, IA 50036
(515) 433-4893
www.booneandstorycountycares.org
(Guthrie, Dallas, Madison)
*Online Course available
Parenting Way, Inc.
Children in the Middle
1211 Vine Street, Ste. 2140
West Des Moines, IA 50265
(515) 255-9490
FAX: (515) 279-5163
www.info@parentingway.org
*Online Course available

Changes
Children in the Middle
Marion County Extension Office
210 North Iowa
Knoxville, IA 50138
(515) 808-0336
changesiowa@gmail.com

Human Dilemma Solutions, LLC
Children in the Middle (Spanish)
4800 Mills Civic Pkwy, Ste. 205
West Des Moines, IA 50265
(515) 778-2080
bettymond@yahoo.com
www.iowachildren.com
*Online Webinar available in English and Spanish

Choices Therapy Services, LLC
Children in the Middle Class
3805 Lower Beaver Rd
Des Moines, IA 50310
(515) 279-0111
brenda@choicestherapyervices.org
www.choicestherapyervices.org
(Des Moines, Indianola, Creston)
*Individual class offered by licensed clinicians
*Online Webinar Course available

Mary L. Jankowski, MA, LMHC, LMSW
* After the Storm program and
Children in the Middle
7405 University Avenue, Ste. 6
Clive, IA 50325
(515) 277-1124
mjank3p@gmail.com
Or Peter Cade (515) 779-0780
pcadepeaceofmind@gmail.com
*Online Webinar Course available with Peter Cade
Or Kristin Hocker (515) 371-9861
kristin@healingharborcounseling.com
*Online Course available with Kristin Hocker

* The “After the Storm” program is approved for certification and attendance by divorced parents in the Fifth Judicial District who have a custody/visitation modification or a post decree contempt regarding custody or visitation before the Court. This program is not certified as a pre-decree “Children in the Middle” program

Parent Bridge Iowa, LLC
Between Two Homes
West Des Moines, IA
(515) 518-0654
info@parentbridgeiowa.com
*Online Webinar Course available

Thriving Families Counseling Services Inc.
Children in the Middle
2213 Grand Ave
Des Moines, IA 50312
515-808-2900
Fax: 515-462-0504
sconner@tfcsiowa.com
*Online Webinar Course available

Online Parenting Programs
https://link.edgepilot.com/s/7f5725b4/hfBemZL.
RES4Y4r0ec3XJw?u=https://ia.onlineparentingp.
rograms.com/
*Online Course available in English & Spanish
Serenity Counseling
3829 71st St, Suite B1
Urbandale, IA 50322
(515) 954-7811
www.serenitycounselingia.com
*Online Webinar Course available