

THE IOWA FIFTH JUDICIAL DISTRICT RECOGNIZED PROGRAMS FOR
MEETING CO-PARENTING AND CHILDREN IN THE MIDDLE REQUIREMENTS
UPDATED October 2021

(Adair, Adams, Clarke, Dallas, Decatur, Guthrie, Jasper, Lucas, Madison, Marion
Polk, Ringgold, Taylor, Union, Warren & Wayne Counties)

* *Classes in District 5 also approved for District 2.*

MercyOne- West Des Moines Medical Center

1755 59th Place

West Des Moines, IA 50266

Cownie Conference Center (Lower Level 1)

Registration:

<https://link.edgepilot.com/s/689be0a5/Kic4KfYbTEOdlAY943yTOA?u=https://www.mercyone.org/health-and-wellness/classes-events/>

childreninthemiddle@catholichealth.net

*Live Webinar Course available

Southwestern Community College

Children in the Middle

1501 W. Townline Road

Creston, IA 50801

(641) 782-1441

(Creston, Red Oak, Osceola)

adowning@swcciowa.edu

www.swcciowa.edu/training/adult-and-continuing-education

*Online Course available

Des Moines Area Community College (DMACC)

Children in the Middle

(515) 964-6800

2006 South Ankeny Blvd.

Ankeny, IA 50023

Jill Whitson, Coordinator

(515) 256-4911

(515) 256-4907

jawhitson@dmacc.edu

ce.dmacctraining.com

*Online Course available

Ed Rhupert Journey Counseling and Consultation

Children in the Middle

118 Hayward, Ste. 6

Ames, IA 50014

(515) 292-9697

(515) 232-7950

www.counselingames.com

Center for Interpersonal Effectiveness

Children in the Middle

2525 N. Ankeny Blvd., Ste. 113

Ankeny, IA 50023

Jim Thorpe

(515) 289-9136

www.cie-ankeny.com/resources

(Altoona, Newton, Ankeny, Johnston)

childreninthemiddle@cie-ankeny.com

*Online Webinar Course available

Parenting Solutions LLC

Children in the Middle

165 Adventureland Dr. NW (Holiday Inn Express)

Altoona, IA 50009

(877) 665-2120

www.parenting-solutions.org

*Online Webinar Course available

Family Development

Associates

Register online

www.family-development.org

admin@family-development.org

*Online Course Available

Angela Reed

Katelyn Backlin

Children in the Middle

509 N. Jefferson Way (Wells

Fargo) Indianola, IA 50125

IndianolaCIB@outlook.com

*Online Webinar Course available

Boone and Story County CARES, Inc.

Children in the Middle

900 W. Mamie Eisenhower

Boone, IA 50036

(515) 433-4893

www.booneandstorycountycares.org

(Guthrie, Dallas, Madison)

*Online Course available

Parenting Way, Inc.

Children in the Middle
1211 Vine Street, Ste. 2140
West Des Moines, IA 50265
(515) 255-9490
FAX: (515) 279-5163

www.info@parentingway.org

*Online Course available

Changes

Children in the Middle
Marion County Extension Office
210 North Iowa
Knoxville, IA 50138
(515) 808-0336

changesiowa@gmail.com

Changes

Children in the Middle
County Inn and Suites
501 Trail Ridge Road
Indianola, IA 50125
(515) 808-0336

changesiowa@gmail.com

Human Dilemma Solutions, LLC

Children in the Middle (Spanish)
4800 Mills Civic Pkwy, Ste. 205
West Des Moines, IA 50265
(515) 778-2080

bettymond@yahoo.com

www.iowachildren.com

*Online Webinar available in English and Spanish

Choices Therapy Services, LLC

Children in the Middle Class
3805 Lower Beaver Rd
Des Moines, IA 50310
(515) 279-0111

brenda@choicestherapyservices.org

www.choicestherapyservices.org

(Des Moines, Indianola, Creston)

*Individual class offered by licensed clinicians

*Online Webinar Course available

Mary L. Jankowski, MA, LMHC, LMSW

* After the Storm program and
Children in the Middle
7405 University Avenue, Ste. 6
Clive, IA 50325
(515) 277-1124

mjank3p@gmail.com

Or Peter Cade (515) 779-0780

pcadepeaceofmind@gmail.com

*Online Webinar Course available with Peter Cade

Or Kristin Hocker (515) 371-9861

kristin@healingharborcounseling.com

*Online Course available with Kristin Hocker

* The "After the Storm" program is approved for certification and attendance by divorced parents in the Fifth Judicial District who have a custody/visitation modification or a post decree contempt regarding custody or visitation before the Court. This program is not certified as a pre-decree "Children in the Middle" program

Parent Bridge Iowa, LLC

Between Two Homes
West Des Moines, IA
(515) 518-0654

info@parentbridgeiowa.com

*Online Webinar Course available

Thriving Families Counseling Services Inc.

Children in the Middle
2213 Grand Ave
Des Moines, IA 50312
515-808-2900

Fax: 515-462-0504

sconner@tfcsiowa.com

*Online Webinar Course available

Online Parenting Programs

<https://link.edgepilot.com/s/7f5725b4/hfBemZL>

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[RES4Y4r0ec3XJw?u=https://ia.onlineparentingprograms.com/](https://ia.onlineparentingprograms.com/)

*Online Course available in English & Spanish

Serenity Counseling

3829 71st St, Suite B1

Urbandale, IA 50322

(515) 954-7811

www.serenitycounselingia.com

*Online Webinar Course available