THE IOWA FIFTH JUDICIAL DISTRICT RECOGNIZED PROGRAMS FOR
MEETING CO-PARENTING AND CHILDREN IN THE MIDDLE REQUIREMENTS
UPDATED Feb. 2020
(Adair, Adams, Clarke, Dallas, Decatur, Guthrie, Jasper, Lucas, Madison, Marion
Polk, Ringgold, Taylor, Union, Warren & Wayne Counties)

* Please note that any on-line Children in the Middle courses are NOT approved or certified for
Use in the Fifth Judicial District

* Classes in District 5 also approved for District 2.

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MercyOne West Lakes
Children in the Middle
1750 48th Street, Ste. 2
Des Moines, IA 50310
Contact: Mercy Nurse
(515) 643-2584
www.mercydesmoines.org

Southwestern Community College
Children in the Middle
1501 W. Townline Road
Creston, IA 50801
(641) 782-1449
(Creston, Red Oak, Osceola)
cwhite@swcciowa.edu
worthington@swcciowa.edu

Des Moines Area Community College (DMACC)
Children in the Middle
(515) 964-6800
2006 South Ankeny Blvd.
Ankeny, IA 50023
Jill Whitson, Coordinator
(515) 256-4907
jawhitson@dmacc.edu

Ed Rhupert Journey Counseling and Consultation
Children in the Middle
118 Hayward, Ste. 6
Ames, IA 50014
(515) 292-9697
(515) 232-7950
www.counselingames.com

Center for Interpersonal Effectiveness
Children in the Middle
2525 N. Ankeny Blvd., Ste. 113
Ankeny, IA 50023
Jim Thorpe
(515) 289-9136
www.cie-ankeny.com
(Altoona, Newton, Ankeny, Johnston)

Parenting Solutions LLC
Children in the Middle
165 Adventureland Dr. NW (Holiday Inn Express)
Altoona, IA 50009
(877) 665-2120
www.parenting-solutions.org

Family Development Associates
Children in the Middle
P.O. Box 11231
Cedar Rapids, IA 52410
(800) 261-5097
www.family-development.org
(Polk, Jasper, Marion)

Angela Reed
Katelyn Backlin
Children in the Middle
509 N. Jefferson Way (Wells Fargo)
Indianola, IA 50125
IndianolaCIB@outlook.com

Boone and Story County CARES, Inc.
Children in the Middle
900 W. Mamie Eisenhower
Boone, IA 50036
(515) 433-4893
www.booneandstorycountycares.org
(Guthrie, Dallas, Madison)
Iowa Lutheran Hospital
Children in the Middle
700 E. University Avenue
Des Moines, IA 50316
(515) 241-2300
(515) 263-5184 – Spanish available
www.unitypoint.org

Unity Point Health – Des Moines
Children in the Middle
1200 Pleasant Street
Des Moines, IA 50309
www.unitypoint.org

Parenting Way, Inc.
Children in the Middle
1211 Vine Street, Ste. 2140
West Des Moines, IA 50265
(515) 255-9490
FAX: (515) 279-5163
www.info@parentingway.org

Changes
Children in the Middle
Marion County Extension Office
210 North Iowa
Knoxville, IA 50138
(515) 808-0336
changesiowa@gmail.com

Changes
Children in the Middle
County Inn and Suites
501 Trail Ridge Road
Indianola, IA 50125
(515) 808-0336
changesiowa@gmail.com

Human Dilemma Solutions, LLC
Children in the Middle (Spanish)
4800 Mills Civic Pkwy, Ste. 205
West Des Moines, IA 50265
(515) 778-2080
bettymond@yahoo.com

Choices Therapy Services, LLC
Children in the Middle Class
3805 Lower Beaver Rd
Des Moines, IA 50310
(515) 279-0111
brenda@choicestherapyservices.org
www.choicestherapyservices.org
(Des Moines, Indianola, Creston)
*Individual class offered by licensed clinicians

Mary L. Jankowski, MA, LMHC, LMSW
* After the Storm program and
Children in the Middle
7405 University Avenue, Ste. 6
Clive, IA 50325
(515) 277-1124
mjank3p@gmail.com
Or Peter Cade (515) 779-0780
pcadepeaceofmind@gmail.com
Or Kristin Hocker (515) 371-9861
kristin@healingharborcounseling.com
* The “After the Storm” program is approved for certification and attendance by divorced parents in the Fifth Judicial District who have a custody/visitation modification or a post decree contempt regarding custody or visitation before the Court. This program is not certified as a pre-decree “Children in the Middle” program

Parent Bridge Iowa, LLC
Between Two Homes
West Des Moines, IA
(515) 518-0654
info@parentbridgeiowa.com

Thriving Families Counseling Services Inc.
Children in the Middle
2213 Grand Ave
Des Moines, IA 50312
515-808-2900
Fax: 515-462-0504
sconner@tfcsiowa.com