

**This course contains audio. Please enable your sound.**



## Course Instructions

- Additional information for each slide can be accessed by clicking on the "Notes" tab located to right of your screen.
- You will need to successfully complete the "Check for Understanding" quiz at the end of each module to move to the next module.
- Please allow approximately 60 minutes to complete the training.



# Juvenile Court Services Family First Prevention Services Act (FFPSA) Training Part I

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An overview of the purpose, goals, and key concepts of FFPSA and its impact on JCS practice, policy, and funding.

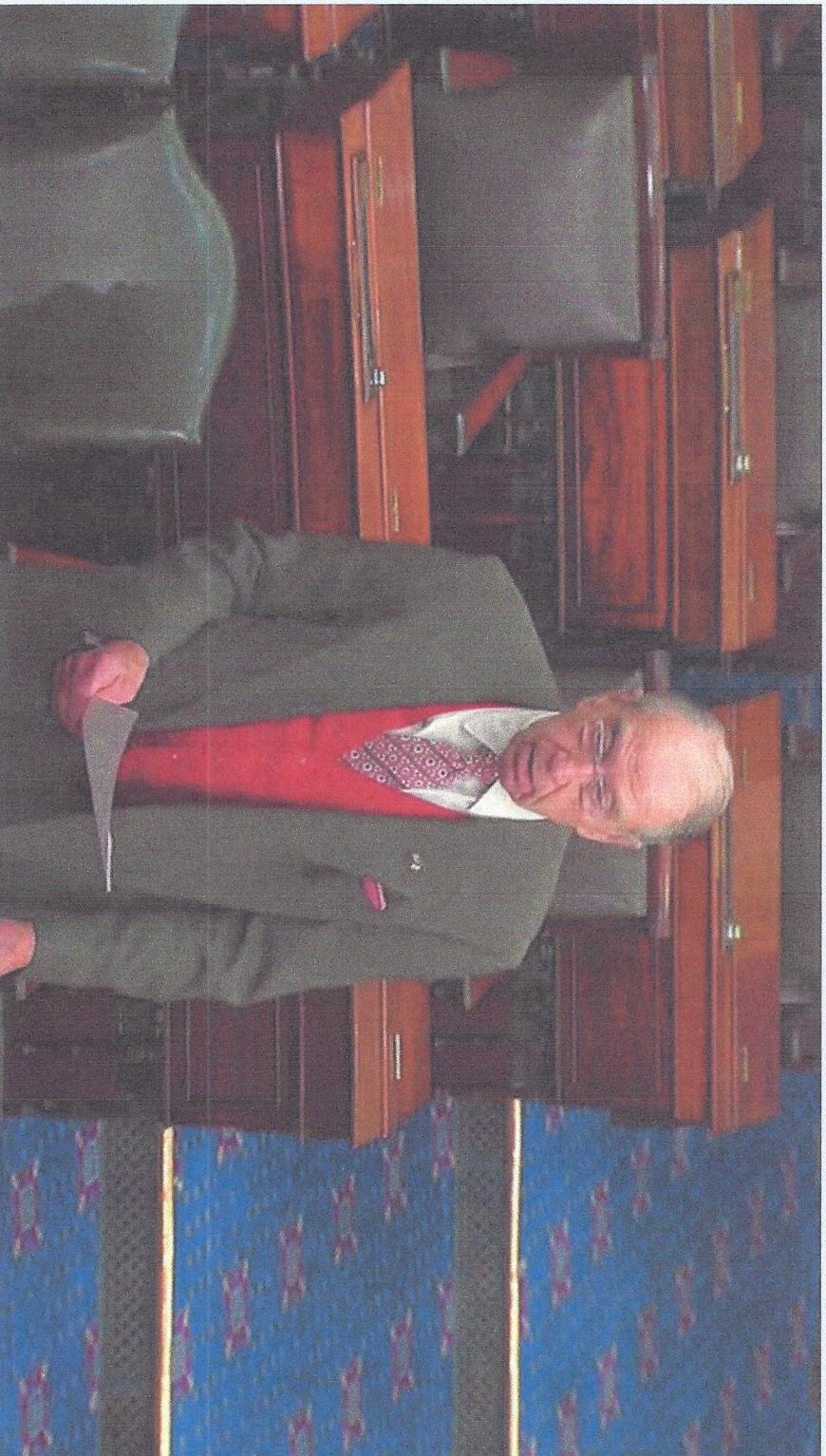
# Course Objectives

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Upon course completion, learners will be able to...

- 01** Identify the purpose, goals, and key concepts of FFPSA
- 02** Demonstrate understanding of the opportunities and challenges associated with JCS participating in FFPSA
- 03** Explain how FFPSA will impact JCS's organizational policies, practices, and outcomes

## Chuck Grassley on the Importance of the Family First Prevention Services Act



Senator Chuck Grassley on FFPSSA

<https://www.grassley.senate.gov/news/news-releases/grassley-importance-family-first-prevention-services-act>

# Main Menu

[Module 1. FFPSA Background](#)

[Module 2. Title IV-E Five-Year Prevention Plan](#)

[Module 3. Impact of FFPSA on JCS](#)

[Module 4. FFPSA Timeline & Summary](#)

[Module 5. Final Check for Understanding Quiz](#)



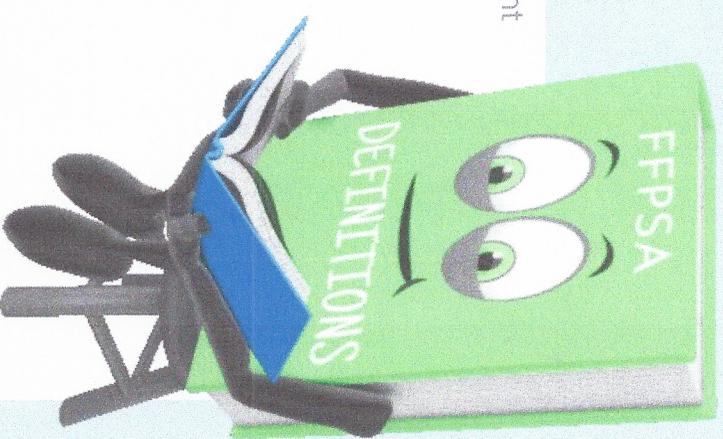
# Definitions

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**FFP** Federal Financial Participation – State claiming/reimbursement from federal government

**FFPSA** Family First Prevention Services Act

**QRTF** Qualified Residential Treatment Program





## **Module 1**

*Supporting Families,  
Strengthening Communities*

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# **FFPSA Background**

**A background and summary of the Family First Prevention Services Act**

# FFPSA TIMELINE



Iowa DHS requests to delay implementation of Parts I and Parts IV until July 1, 2020

February 9, 2018

October 1, 2019

Family First Transition Act passed to provide states with funding to help transition into FFPSA requirements

July 1, 2020

September 28, 2019

December 20, 2019

FFPSA signed into law

States with approved plans may begin Federal claiming

Iowa submits 5-yr. plan and implements FFPSA

## FFPSA Timeline

Child & Family Policy Center <https://www.cfpciowa.org/>



Child and Family Policy Center Video

# WHAT IS FRPSSA?



## FFPSA Definition

Landmark legislation that significantly alters federal funding and provides the structure for substantial changes in the child welfare system



# WHY FFPSA?

**Research**

**1**

**Family**

Best place for child  
is with the family



**Funding**

**2**

**Reimbursement**

Lack of flexibility  
Underfunded  
Complex system  
Limited connections  
to outcomes

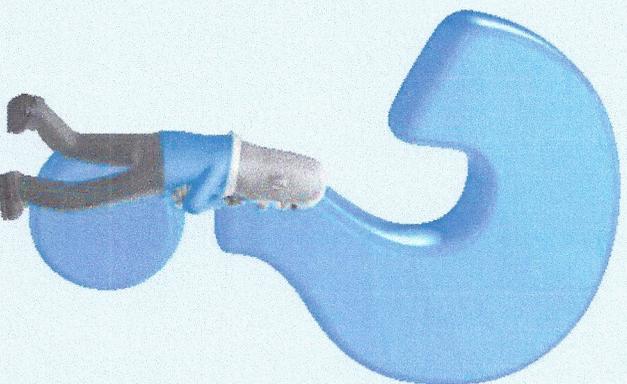


**Research**

**3**

**Children**

Needs are not  
being met  
Many being placed  
unnecessarily  
Poor outcomes

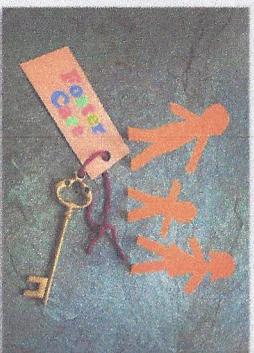


# FFPSA GOALS



## PREVENT

children from entering foster care through use of evidence-based preventive services



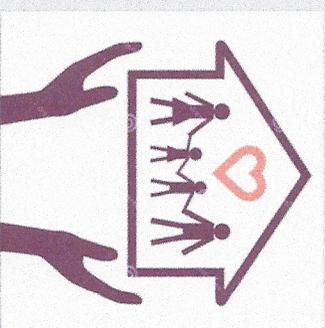
## IMPROVE

well-being of children in foster care



## REDUCE

the placement of children in congregate care



## PROMOTE

family-based placements

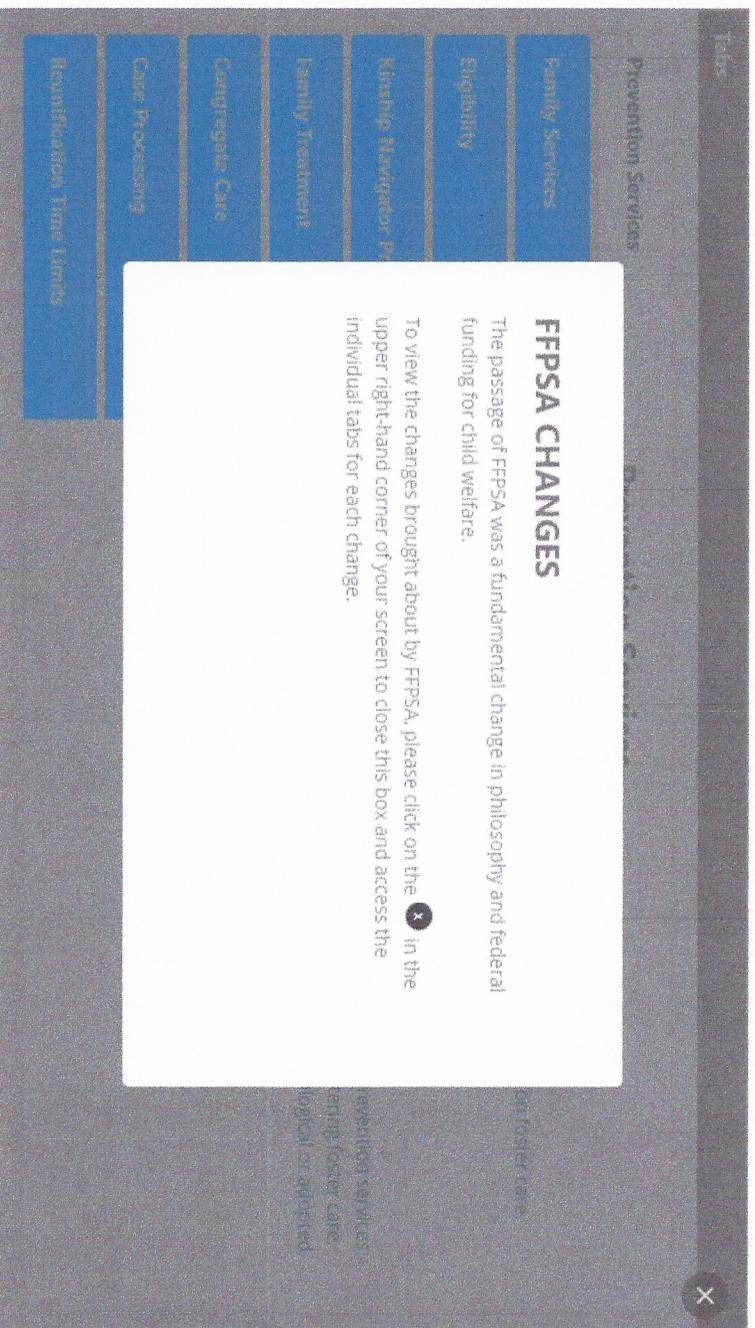
## Why do Foster Youth Need the Family First Act?



<https://www.youtube.com/watch?v=QRRbV-D4b2M>

# Interaction

Click the Interaction button to edit this object



Tabs

Search

**FFPSA CHANGES**

- 1. Prevention Services
  - 2. Family Services
  - 3. Eligibility
  - 4. Kinship Navigator Programs
  - 5. Family Treatment
  - 6. Congregate Care
  - 7. Case Processing
  - 8. Reunification Time Limits
- Summary

## FFPSA CHANGES



The passage of FFPSA was a fundamental change in philosophy and federal funding for child welfare.

To view the changes brought about by FFPSA, please click on the **X** in the upper right-hand corner of your screen to close this box and access the individual tabs for each change.

Tabs

Search

FPPSA CHANGES

**1. Prevention Services**

2. Family Services

3. Eligibility

4. Kinship Navigator Programs

5. Family Treatment

6. Congregate Care

7. Case Processing

8. Reunification Time Limits

Summary

## Prevention Services



**BEFORE:**

In the past, child welfare funding streams were reactive and centered on foster care.

**NOW:**

The passage of FPPSA changed this focus by promoting and funding prevention services and programs for up to 12 months for children at imminent risk of entering foster care, any parenting or pregnant youth in foster care, and the parents — biological or adopted — as well as kin caregivers of these children.

Tabs

Search

FPPSA CHANGES

1. Prevention Services

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Summary

## Family Services



**BEFORE :**

In the past, only children were eligible for Title IV-E services.

**NOW:**

Both the child and parents/care givers are now eligible for prevention services, regardless of income, if they meet the agency's definition of "candidate for foster care."

Tabs

Search

FPPSA CHANGES

1. Prevention Services

2. Family Services

3. Eligibility

4. Kinship Navigator Programs

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Summary

### Eligibility



**BEFORE:**

Child's parents/caregivers had to meet specific income guidelines to qualify for services.

**NOW:**

Child and parents/caregivers are eligible for services regardless of income, as long as they meet an agency's definition of a "candidate for foster care."

Tabs

Search

FPPSA CHANGES

- 1. Prevention Services
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## Kinship Navigator Programs



**BEFORE:**

There were no funds allocated for kinship navigator programs.

**NOW:**

Agencies may claim up to 50% reimbursement for kinship navigator programs.

Tabs

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FPPSA CHANGES

1. Prevention Services
  2. Family Services
  3. Eligibility
  4. Kinship Navigator Programs
  5. Family Treatment
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## Family Treatment



**BEFORE:**

There were no funds available for children placed with parents in residential treatment.

**NOW:**

Agency's are eligible for up to 12-months of funding for children residing with parents in residential treatment programs.

Tabs

Search

FFP&A CHANGES

1. Prevention Services

2. Family Services

3. Eligibility

4. Kinship Navigator Programs

5. Family Treatment

6. Congregate Care

7. Case Processing

8. Reunification Time Limits

Summary

## Congregate Care



**BEFORE:**

Minimal criteria for funding of placements in settings other than family foster homes

**NOW:**

Newly defined level of care - Qualified Residential Treatment Program (QRTIP) and new protocols/procedures to promote placement in foster family homes and reduce use of congregate care.

Tabs

Search

FPPSA CHANGES

1. Prevention Services
  2. Family Services
  3. Eligibility
  4. Kinship Navigator Programs
  5. Family Treatment
  6. Congregate Care
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- Summary

## Case Processing



**BEFORE:**

No requirements for electronic interstate case processing system

**NOW:**

Title IV-E agencies must have an electronic interstate case processing system in place by 2027.

Tabs

Search

FPPSA CHANGES

1. Prevention Services

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8. Reunification Time Limits

Summary

## Reunification Time Limits



**BEFORE:**

Set time limits for reunification services while a child is in foster care.

**NOW:**

No time limit for reunification services for a child in foster care.



Click the **Quiz** button to edit this object

### Check for Understanding Instructions

- Read each question carefully
- Select the correct answer by following the directions provided
- Click submit to record your answers

**Please note: You must pass the Check for Understanding quiz to move on to the next training module.**

## Module 2 Title IV-E Five-Year Plan

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Any state Title IV-E designated agency electing to participate in the Title IV-E prevention program is required to submit a five-year Title IV-E Prevention Program Plan that meets federal requirements.





Panels

Search

TITLE IV-E FIVE-YEAR PREVENTION...

1. Service Description and Oversight
  2. Evaluation Strategy
  3. Safety Assessment, Monitoring, an...
  4. Consultation and Coordination
  5. Prevention Caseloads
  6. Program Reporting
  7. Workforce Support & Training
  8. Child and Family Eligibility
  9. Child Prevention Case Plan (CPCP)
- Summary

## TITLE IV-E FIVE-YEAR PREVENTION PLAN REQUIREMENTS



To be eligible to participate in FFPSA and Federal Financial Participation (FFP), each state's Title IV-E designated agency (Department of Human Services), was required to submit a five-year plan that describes how the agency will meet FFPSA requirements in nine key areas.

To view these requirement areas, please click on the  in the upper right-hand corner of your screen to close this box and access the individual tabs for each area.

Panels

Search

TITLE IV-E FIVE-YEAR PREVENTION..

- 1. Service Description and Oversight
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### Service Description and Oversight



*Services: The agency is required to identify and describe the prevention services it intends to provide in the following areas:*

- Mental Health
- Substance Abuse
- In-home Parent Skill-Based Programs

*Outcomes:*

- The specific outcomes each service/program is expected to provide

*Practices:*

- How was the service/program selected
- How will the service/program be implemented
- Identify the target population
- Assurances the service/program is trauma-informed
- How will service/program be evaluated
- Identify service/program Title IV-E Clearinghouse rating (Well-supported, supported, promising).

**JCS identified Functional Family Therapy (FFT) and Multisystemic Therapy (MST) as the two initial prevention services it would be seeking reimbursement for in the future.**

Panels

Search

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### Evaluation Strategy



For services/programs that do not receive a "well supported" rating on the Title IV-E Clearinghouse, an agency must provide a description of how it will be evaluated using a "well-designed and rigorous" process that adheres to federal requirements.

For services/programs that are rated "well supported" an agency may request an evaluation waiver but it must provide evidence of the service/program's effectiveness and the agency must meet the federal continuous quality improvement (CQI) process requirements.

**Both FFT and MST have received "well supported" ratings on the Title IV-E Clearinghouse. JCS has requested an evaluation waiver for each of these services and is currently in the process of developing the CQI structure to evaluate the effectiveness of each service.**

## Panels

Search

TITLE IV-E FIVE-YEAR PREVENTION...

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Summary

## Safety Assessment, Monitoring, and Planning



The agency must provide a description of how it will assess, monitor, and oversee the safety of children receiving prevention services. This includes describing the following protocols and procedures related to child safety:

- Assessment
- Monitoring
- Planning

**JCS is currently in the process of developing a policy and accompanying procedures outlining a standardized safety process that will meet FFPSA requirements.**

## Panels

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Summary

## Consultation and Coordination



The agency must describe:

- How it will consult with other agencies and organizations providing prevention services/programs to ensure a continuum of care is provided to children and families.

**JCS addressed this area by providing an overview of how it has worked in consultation with state, public, and private agencies to achieve safety and permanency for children and improve agency efficiency, resources, and opportunities.**

- How its prevention services will be coordinated with other child and family services that may be offered under the agency's Title IV-E plan.

**JCS indicated it would work collaboratively with the Iowa Department of Human Services (DHS) to develop a Memorandum of Understanding (MOU) detailing the responsibilities of JCS and DHS.**

## Panels

Search

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## Prevention Caseloads



The state must describe how caseload size and type for prevention caseworkers will be determined, managed, and overseen.

**JCS did not provide an established caseload size for the Five-Year plan, rather it provided an average caseload ratio based on information from CJJP of 26.7 youth to 1 JCO.[1]**

JCS attributed the lack of an established caseload to the fact that JCOs handle a variety of case types that fall on a continuum of court involvement, supervision, and service needs. Because of this, typical staffing formulas based solely on case counts are not able to differentiate the amount of time needed to manage cases. In addition, caseloads vary significantly between urban and rural areas, with rural areas often having larger coverage areas and higher travel time requirements.

[1] CJJP 2017. State of Iowa Juvenile Delinquency Annual Statistical Report. <https://humanrights.iowa.gov/sites/default/files/media/2017%20State%20Annual%20Report%20.pdf>

## Panels

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## Program Reporting



All agencies participating in Title IV-E reimbursement must at a minimum report the data found in the [ACE Data Technical Bulletin](#).

Because DHS is Iowa's designated Title IV-E agency, it has the sole responsibility for reporting all FPPSA data. Therefore, JCS is currently working with DHS and the State Court Administration (SCA) IT department to develop an effective and efficient means of collecting and sharing this data with DHS.

## Panels

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  8. Child and Family Eligibility
  9. Child Prevention Case Plan (CPCP)
- Summary

## Workforce Support & Training



An agency was required to provide a detailed description of how it would ensure workforce support and training in the following areas:

- Assessing what children and their families need, connecting to the families served, knowing how to access and deliver the needed trauma-informed and evidence-based services, and overseeing and evaluating the continuing appropriateness of the services;
- Developing appropriate prevention plans, and conducting the risk assessments required; and
- Ensuring staff are qualified to provide services or programs that are consistent with the promising, supported, or well-supported practice models selected

JCS indicated it would develop a phased approach to providing JCS staff with the training needed to successfully implement FFPSA. This training would include but not be limited to the following topics (for a detailed timeline of FFPSA implementation and training refer to Course Resources):

- FFPSA Background/Overview
- Qualified Residential Treatment Program (Q RTP)
- Candidacy Determination – Candidate for Foster Care Screening Tool (CFST)
- Title IV-E Child Prevention Case Plan (PCP)
- Title IV-E Prevention Service Identification and Matching
- Accessing and Monitoring Title IV-E Prevention Services
- Safety Assessment and Planning
- Title IV-E Federal Data Requirements, Collection, and Reporting
- Continuous Quality Improvement (CQI)
- Treatment Outcome Package (TOP)

## Panels

Search

TITLE IV-E FIVE-YEAR PREVENTION...

1. Service Description and Oversight
  2. Evaluation Strategy
  3. Safety Assessment, Monitoring, an...
  4. Consultation and Coordination
  5. Prevention Caseloads
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  7. Workforce Support & Training
  8. Child and Family Eligibility
  9. Child Prevention Case Plan (CPCP)
- Summary

## Child and Family Eligibility



To be eligible for Title IV-E prevention services, a child must be considered a "candidate for foster care." Although FFPSA broadly defines a "candidate" as a child who is at "imminent risk" of foster care placement, it requires agencies to further delineate who a candidate is specifically.

**Using the FFPSA definition, research, and Iowa Code, JCS outlined a structure for determining candidacy that includes the below steps. These steps have been abbreviated for the purpose of this training. Additional information on this process will be provided in an upcoming training.**

1. IDA is completed to determine risk level.
2. A Candidate for Foster Care Screening Tool (CFST) is completed for all moderate and high risk youth. This tool was developed specifically to meet FFPSA requirements and is being incorporated into the Case Management (CM) system.
3. For all youth who meet the established minimum threshold score, a Child Prevention Case Plan (CPCP) will be completed, identifying the date the child was established as an eligible candidate.

Panels

Search

TITLE IV-E FIVE-YEAR PREVENTION...

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- 3. Safety Assessment, Monitoring, an...
- 4. Consultation and Coordination
- 5. Prevention Caseloads
- 6. Program Reporting
- 7. Workforce Support & Training
- 8. Child and Family Eligibility
- 9. **Child Prevention Case Plan (CPCP)**
- Summary

### Child Prevention Case Plan (CPCP)



The agency was required to provide a description of its Child Prevention Case Plan (CPCP). The CPCP is a document outlining the prevention strategy to be used, the selected service or program, and the youth and family goals and objectives.

**JCS utilized information from research, ACF technical bulletins, other state agencies, and the Iowa Department of Human Services (DHS) to identify the key components and requirements of the Child Prevention Case Plan. A CPCP was subsequently developed and is currently being incorporated into the Case Management (CM) system.**



Click the **Quiz** button to edit this object

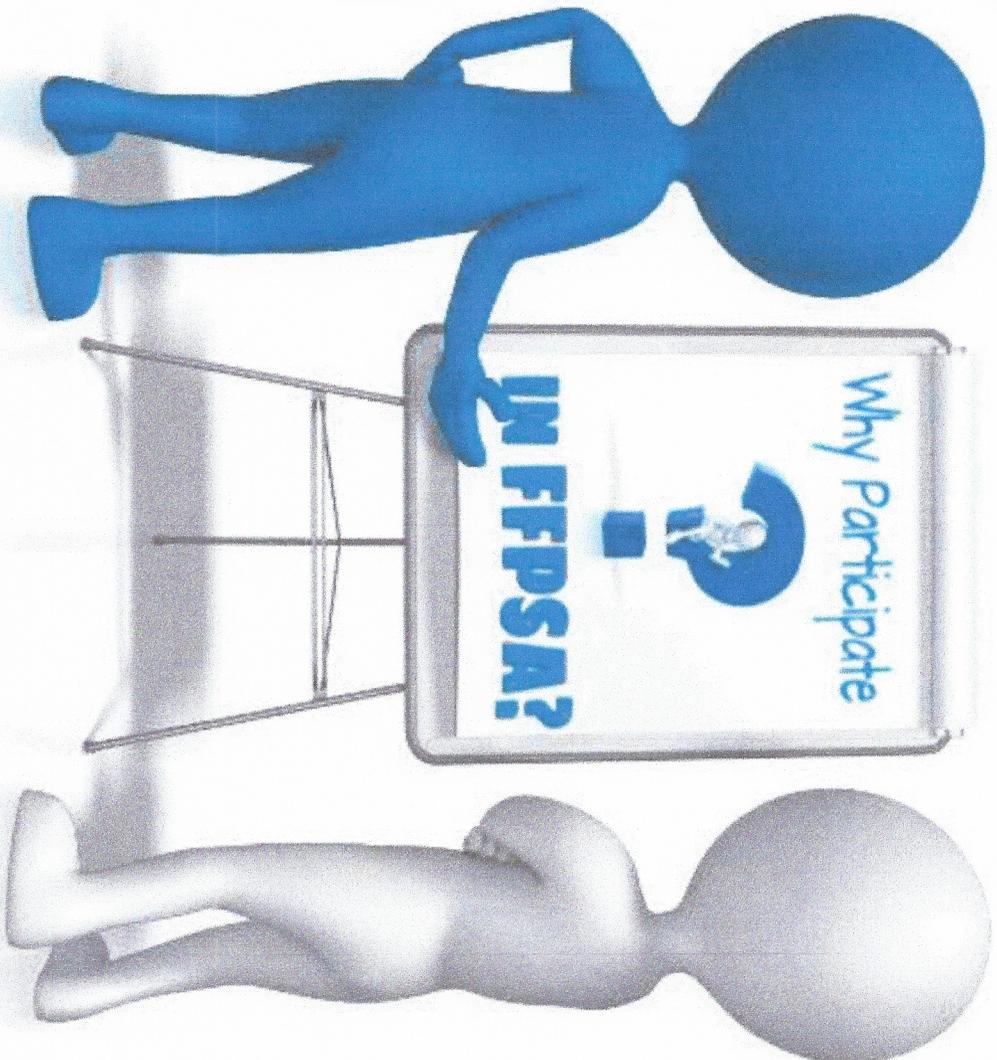
### Check for Understanding Instructions

- Carefully read each question
- Select the correct answer to each question by following the directions provided
- Click submit to record your answer

***Please note: You must pass the Check for Understanding quiz to move on to the next training module.***

# MODULE 3

## Of FFPSA on JCS



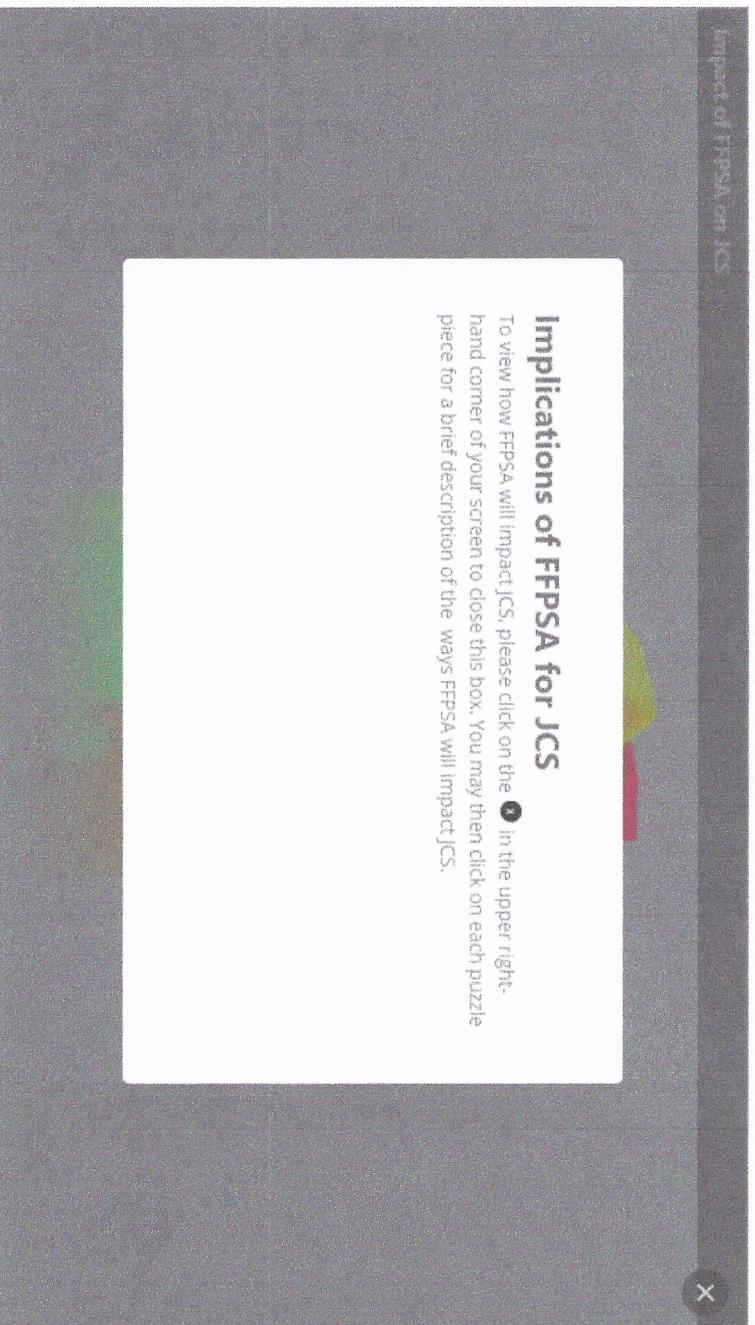
## Why Participate in FFPSA?

FFPSA ALIGNS WITH THE DIRECTION JCS HAS BEEN MOVING OVER THE LAST 10 YEARS IN TERMS OF EXPANDING EVIDENCED BASED SERVICES ACROSS THE STATE.

IT ALSO ALIGNS WITH OUR EFFORTS TO MORE EFFECTIVELY TREAT YOUTH IN THE COMMUNITY TO REDUCE THE RELIANCE ON OUT OF HOME PLACEMENT

## Interaction

Click the Interaction button to edit this object



## Implications of FFPSA for JCS



To view how FFPSA will impact JCS, please click on the **X** in the upper right-hand corner of your screen to close this box. You may then click on each puzzle piece for a brief description of the ways FFPSA will impact JCS.

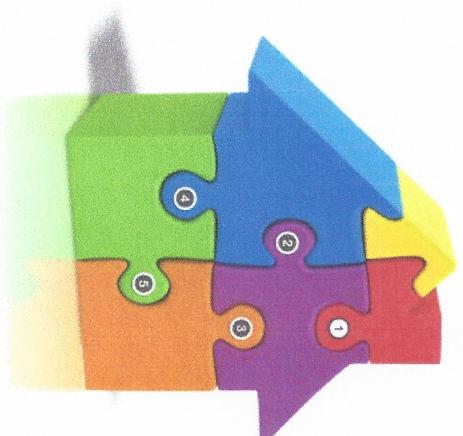


## Training



To effectively implement FFPSA, JCOs will be trained, supported, and coached in the below areas (for an overview of the training schedule, see the [FFPSA Timeline](#) in the Resources section of this training).

- Determining Candidacy
- Child Prevention Case Plans
- Accessing, Identifying, Matching, and Monitoring Prevention Services
- Safety Assessment, Monitoring, and Planning
- Data Collection and Reporting
- Continuous Quality Improvement (CQI)
- TOPS
- Qualified Residential Treatment Program (QRTTP)



## Funding



FFPSA presents an opportunity to expand community-based prevention services and programming through funding that allows 50% reimbursement for prevention services that are rated "well-supported."

Agencies may also claim 50% of the training costs associated with FFPSA implementation and 50% reimbursement for administrative costs for children receiving services (see page 38 of the [FFPSA Guide](#) in resources for a detailed description of allowable administrative costs).



## Policies & Procedures



Implementation of FFPSA will require new policies and procedures in the following areas:

- Determining Candidacy
- Child Prevention Case Plans
- Accessing, Identifying, Matching and Monitoring Prevention Services
- Safety Assessment, Monitoring, and Planning
- Data Collection and Reporting
- Continuous Quality Improvement (CQI)
- TOPS
- Qualified Residential Treatment Program (Q RTP)

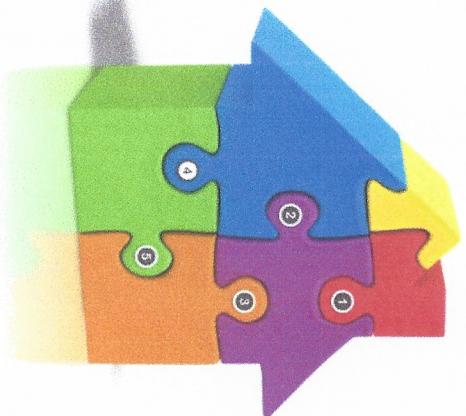


Change

## Opportunities



- Increase array of community-based services that are evidence-based
- Reduce use of congregate care
- Increased revenues

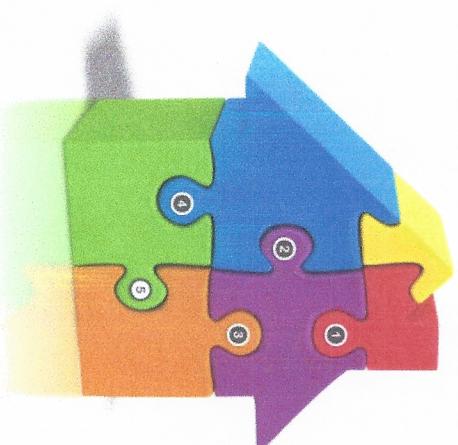


Change

## Challenges



- Secure Random Moment Sampling (RMS) system to meet federal cost allocation requirements related to administrative reimbursement
- Financial costs, time, and effort associated with developing new policies and trainings related to FPPSA
- Working cooperatively with DHS to identify the most efficient way to gather and report required data





Click the Quiz button to edit this object

### Check for Understanding Instructions

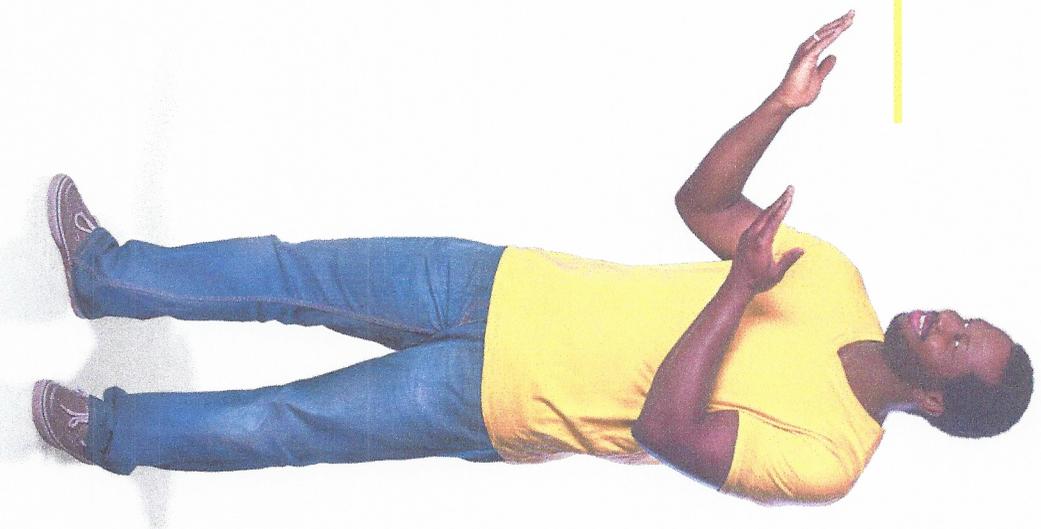
- Read each question carefully
- Select the correct answer by following the directions provided
- Click submit to record your answers

*Please note: You must pass the Check for Understanding quiz to move on to the next training unit.*

# MODULE 4

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*Timeline and Summary*



# FFPSA Policy, Training and Implementation Timeline

FFPSA Policy, Training, and Implementation Timeline

FFPSA Focus Area												July																					
												10	13	14	15	16	17	20	21	22	23	24	27	28	29	30	31						
FFPSA (Training Only)																																	
Qualified Residential Treatment Program (QRTTP)																																	
												Policy Review/Approval				Training Development Content/Design																	
Candidacy Determination – Candidate for Foster Care Screening Tool (CFST)												Policy Development																					
Title IV-E Child Prevention Service Identification and Matching												Policy Review/Approval																					
Title IV-E Prevention Service Identification and Matching												Policy Development																					
Accessing and Monitoring Title IV-E Prevention Services																																	
Safety Assessment and Planning																																	
Title IV-E Federal Data Requirements, Collection, and Reporting																																	
Continuous Quality Improvement (CQI)																																	
FFPSA Focus Area												August																					
												3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28	31	
FFPSA (Training Only)												Training Development																					
Qualified Residential Treatment Program (QRTTP)												Training Development																					
Candidacy Determination – Candidate for Foster Care Screening Tool (CFST)												JCO IV Review & Feedback																					
Title IV-E Child Prevention Case Plan (PCP)												JCO IV Review & Feedback																					
												Policy Develop				Training Development Content/Design																	
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Continuous Quality Improvement (CQI)																																	
FFPSA Focus Area												September																					
												1	2	3	4	7	8	9	10	11	14	15	16	17	18	21	22	23	24	25	28	29	30
Qualified Residential Treatment Program (QRTTP)												JCO Training				Implementation																	
TOPS												Training Development Content/Design																					
Candidacy Determination – Candidate for Foster Care Screening Tool (CFST)												JCO IV Feedback and Review																					
Title IV-E Child Prevention Case Plan (PCP)												JCO IV Feedback and Review																					
Title IV-E Prevention Service Identification and Matching												Training Development Content/Design																					
Accessing and Monitoring Title IV-E Prevention Services												Training Development Content/Design																					
Safety Assessment and Planning												PD																					
Title IV-E Federal Data Requirements, Collection, and Reporting												Policy Review/Approval																					
Continuous Quality Improvement (CQI)												Policy Development																					

Timeline Continued

FFPSA Focus Area		October																														
Qualified Residential Treatment Program (QRTP)		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
TOPS		JCO IV	Implementation																													
Candidacy Determination – Candidate for Foster Care Screening Tool (CFST)		Implementation																														
Title IV-E Child Prevention Case Plan (PCP)		Implementation																														
Title IV-E Prevention Service Identification and Matching		Implementation																														
Accessing and Monitoring Title IV-E-Prevention Services		Implementation																														
Safety Assessment and Planning		Implementation																														
Title IV-E Federal Data Requirements, Collection, and Reporting		Implementation																														
Continuous Quality Improvement (CQI)		Implementation																														
FFPSA Focus Area		November																														
Qualified Residential Treatment Program (QRTP)		2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Candidacy Determination – Candidate for Foster Care Screening Tool (CFST)		Implementation																														
Title IV-E Child Prevention Case Plan (PCP)		Implementation																														
Title IV-E-Prevention Service Identification and Matching		Implementation																														
Accessing and Monitoring Title IV-E-Prevention Services		Implementation																														
Safety Assessment and Planning		Implementation																														
Title IV-E Federal Data Requirements, Collection, and Reporting		Implementation																														
Continuous Quality Improvement (CQI)		Implementation																														
FFPSA Focus Area		December																														
Qualified Residential Treatment Program (QRTP)		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Candidacy Determination – Candidate for Foster Care Screening Tool (CFST)		Implementation																														
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Continuous Quality Improvement (CQI)		Implementation																														



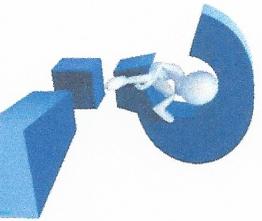
Click the Quiz button to edit this object

### Check for Understanding Instructions

- Read each question carefully
- Select the correct answer by following the provided instructions
- Click submit to record your answers

*Please note: You must pass the Check for Understanding quiz to move on to the next training module.*

# Summary



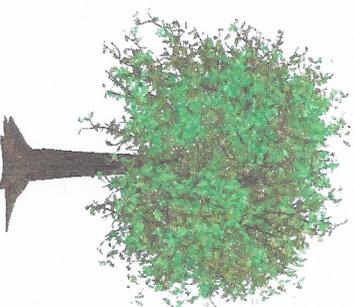
## *Why FFPSA?*

- Children should be with family
- Better meet the needs of children
- Simplify and expand funding



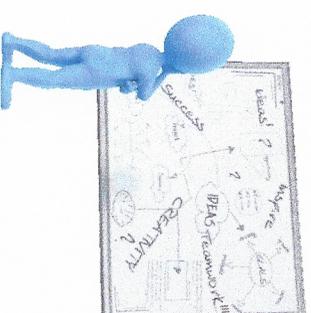
## *Goals of FFPSA*

- Prevent foster care placements
- Improve well-being of children
- Reduce congregate care
- Promote family-based placements



## *FFPSA Changes*

- Focus on prevention services
- Child & family eligible to receive services
- Eligibility not tied to income
- QRTPs



## *Five-Year Plan*

- JCS developed its own plan to be incorporated into the state DHS plan.
- Plan was submitted to feds on July 1, 2020

[Family First Act](#)

[Iowa Department of Human Services](#)

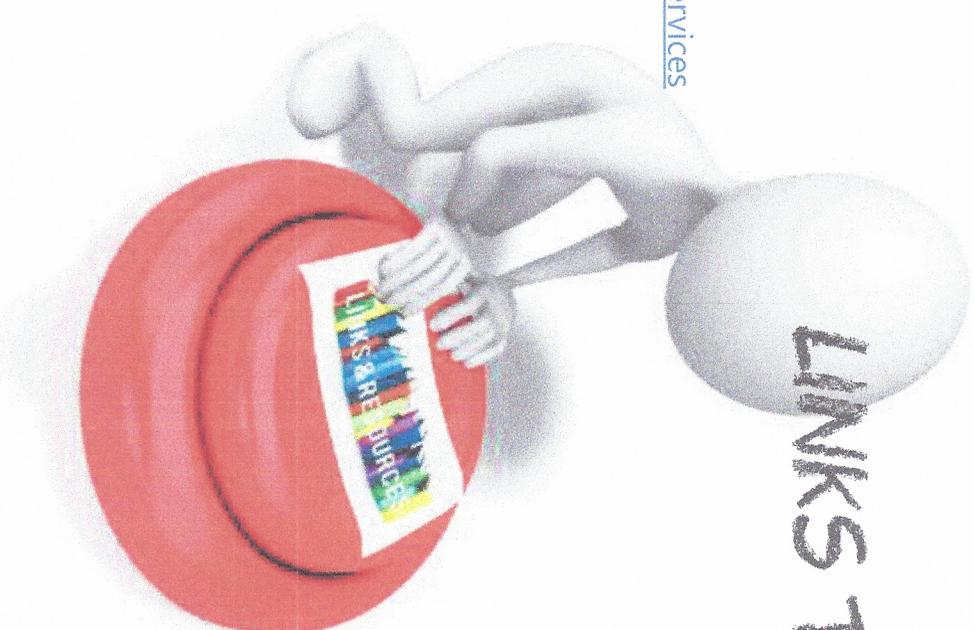
[Children's Bureau](#)

# LINKS TO RESOURCES

[Title IV-E Prevention Service Clearinghouse](#)

[Children's Defense Fund](#)

[Casey Family Programs](#)



## Final FFPSA Check for Understanding Quiz Instructions

Please read each question carefully

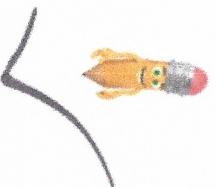
Select the correct answer by following the directions provided

Click submit to record your answers

You must receive an 80% to successfully complete this training course.

**GOOD LUCK!**

Click the "Start Quiz" button to proceed



*You have successfully completed the JCS  
Family First Prevention Services Training*



# **Congratulations**

Course Completed